

Admission to **Baringa Private Hospital**

Patient information



BARINGA
PRIVATE HOSPITAL

A POSITIVE EXPERIENCE AT BARINGA

The following information outlines the admission process when having an operation at our facility.

It is natural to feel anxious about your procedure but it is our wish to make it as comfortable and relaxed as possible.

PRE-ADMISSION FORMS & TESTS

Your doctor will have discussed your operation/procedure with you and will have asked you to sign an Informed Consent form and given you a date for admission.

To help our facility to prepare for your arrival please return the following to us at least 7 days prior to your admission date. Our pre-admission nurse will review them and may contact you for further information if necessary

- Completed Informed Consent form
- Patient Health Questionnaire
(which you need to complete in full)

Your doctor may have given you forms for blood tests and/or x-rays to be attended. These will need to be attended to as soon as possible so that any abnormalities can be investigated prior to admission. Please advise pathology of your admission date.

If you are on any blood thinning medications or medications for arthritis or alternative health products, discuss with your doctor as you may need to cease your medications at least 10 days prior to your procedure.

PRE-ADMISSION CLINIC

For certain procedures you will be contacted by the pre-admission nurse who will make a date and time for the clinic. The nurse will explain the details of your care plan and answer any questions you may have.

At the clinic the nurse will attend an ECG, blood pressure, pulse and oxygen level. If you are a person with diabetes a blood glucose level will be performed. Your pathology will be checked.

If indicated a physiotherapist will discuss your pre- and post operative care. A dietician may also be required.

ADMISSION DAY

Please bring with you:

- Your admission letter and completed Informed consent (if not already left at the admission office)
- Patient Health Questionnaire (if not already left at the admission office)
- X-rays and other test results as instructed by your doctor
- Your medications in its original labelled container
- A list of your medications
- A book or magazine if you wish
- Toiletries and comfortable bed attire if your procedure is not day only

When you arrive your paperwork will be attended to by our reception staff. You will then be escorted to your room and our hospital facilities explained.

Your nurse will review your Health Questionnaire and if you have anything to add please have no hesitation in doing so. You will have identifying arm and leg bands applied. You may have your legs measured for compression stockings and if so they will be applied prior to your procedure. Your blood pressure, pulse, temperature, oxygen level and if you are a person with diabetes a blood glucose level will be recorded. You may be asked for a urine sample.

Your Anaesthetist will see you and advise you of an approximate time for your procedure the type of anaesthetic and your post operative pain relief. If you or your family/carer(s) have any concerns do not hesitate to ask questions at this time.

We will endeavour to keep you informed as to any delays in your procedure time. Your family/carer(s) may wait in your room or the ward lounge until your return.

We hope that your experience will be a positive one, with our skilled doctors and nurses providing the very best of care.

If you have any questions do not hesitate to ask our staff.



Baringa Private Hospital

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